Genesis 5 Good News Translation

The Descendants of Adam

5 This is the list of the descendants of Adam. (When God created human beings, he made them like himself. **2** He created them male and female, blessed them, and named them "Human Beings.") **3** When Adam was 130 years old, he had a son who was like him, and he named him Seth. **4** After that, Adam lived another 800 years. He had other children **5** and died at the age of 930.

6 When Seth was 105, he had a son, Enosh, **7** and then lived another 807 years. He had other children **8** and died at the age of 912.

9 When Enosh was 90, he had a son, Kenan, **10** and then lived another 815 years. He had other children **11** and died at the age of 905.

12 When Kenan was 70, he had a son, Mahalalel, **13** and then lived another 840 years. He had other children **14** and died at the age of 910.

15 When Mahalalel was 65, he had a son, Jared, **16** and then lived another 830 years. He had other children **17** and died at the age of 895.

18 When Jared was 162, he had a son, Enoch, **19** and then lived another 800 years. He had other children **20** and died at the age of 962.

21 When Enoch was 65, he had a son, Methuselah. **22** After that, Enoch lived in fellowship with God for 300 years and had other children. **23** He lived to be 365 years old. **24** He spent his life in fellowship with God, and then he disappeared, because God took him away.

25 When Methuselah was 187, he had a son, Lamech, **26** and then lived another 782 years. He had other children **27** and died at the age of 969.

28 When Lamech was 182, he had a son **29** and said, "From the very ground on which the LORD put a curse, this child will bring us relief from all our hard work"; so he named him Noah.[a] **30** Lamech lived another 595 years. He had other children **31** and died at the age of 777.

32 After Noah was 500 years old, he had three sons, Shem, Ham, and Japheth.

Footnotes

a. Genesis 5:29 This name sounds like the Hebrew for “relief.”

Genesis 4 Genesis 6

Good News Translation (GNT)

Good News Translation® (Today’s English Version, Second Edition) © 1992 American Bible Society. All rights reserved. For more information about GNT, visit www.bibles.com and www.gnt.bible.